



TE WHARE TAPAWHĀ

PURPOSE AND NATURE OF PROPOSED TRAINING

Background

The “Whare Tapawhā” model of health was developed by Māori health expert, Mason Durie, and has been widely adopted in health and social service provision throughout New Zealand. The model encapsulates a Māori view of health and wellness and incorporates the tapawhā (four sides) representing the four key dimensions of well-being:

- taha wairua – spiritual health
- taha hinengaro – mental health
- taha tinana – physical health
- taha whānau – family health

Seminar Content

This seminar focuses on the four dimensions of well-being and examines how each of these is central to our considerations when providing health and social services to clients / consumers.

The seminar also examines how, although this model was developed specifically with Maori health in mind, it is a model of health and well-being applicable to the delivery of services across all cultures and sectors within our communities.

The Seminar is presented in four main sections:

- an introduction to Te Whare Tapawhā
- a comparison with other Maori and non-Maori health models
- an interactive session / discussion about how the model is applicable to services provided to all clients / consumers whether as individuals or collectives
- how the model might be applied / incorporated naturally into the day-to-day work of staff

FURTHER DETAILS

Length of Seminar

The Seminar will consist of:

Interactive Presentation	1.5 hours
Question / Discussion Time	0.5 hours
TOTAL	2.0 hours

Group Size

There is some flexibility with group size but, in order to ensure optimal participation and learning, the ideal number of participants is between 15 and 20.

Cost

The cost for the seminar presentation is \$150 + GST

Certificates

Following successful completion of the Seminar, each participant will receive a Certificate of Participation.

The contracting agency will also receive a certificate outlining the Seminar title and the number of staff who attended the Seminar.